Rachel Druckenmiller, MS - Founder, Speaker & Facilitator at UNMUTED

Rachel is on a mission to humanize the workplace by igniting resilience, connection, energy, engagement and compassion in organizations, associations and their leaders and teams. Known for her refreshing, dynamic and relatable approach, she has delivered nearly 200 interactive virtual learning experiences as a keynote speaker, workshop facilitator and leadership trainer since March 2020. Rachel has worked with organizations like Citizens Bank, Adventist Health, Deloitte, Sherwin-Williams, and the American Heart Association.

Recognized as the #1 Health Promotion Professional in the U.S. in 2015, a 40 Under 40 Game Changer in 2019, and one of The Daily Record's Leading Women of 2020, Rachel is a national thought leader in the field of wellbeing and employee engagement. She is also a Founding Member of the international nonprofit, Global Women 4 Wellbeing (GW4W).

Rachel has a Master's degree in Health Science and a Bachelor's degree in Psychology and is a Licensed Thriving Workplace Culture Coach and Health Coach.

Rachel posts inspirational videos and other content on <u>LinkedIn</u>. Follow her there and on her website <u>www.UnmutedLife.com</u>.